

CARDIOVASCULAR

1. **Regarding propranolol which is correct**
 - a. It antagonizes catecholamines at α - and β - adrenoreceptors
 - b. It stimulates renin secretion by catecholamines
 - c. It increases plasma TGs
 - d. It increases plasma HDL
 - e. It blocks β_1 receptors in bronchial smooth muscle

2. **Regarding Amiodarone which is false**
 - a. It causes hyperthyroidism
 - b. It achieves higher levels in cardiac tissue than plasma
 - c. It is a non-competitive α blocker
 - d. It has a half life of 24hours
 - e. It markedly prolongs the QT interval

3. **Important effects of digoxin on heart muscle include**
 - a. Increased force of contraction
 - b. Decreased AV conduction velocity
 - c. Increased ectopic automaticity
 - d. Decreased ejection time
 - e. All of the above

4. **The effects of digoxin include all except**
 - a. An increase in cardiac intracellular K^+
 - b. An increase in cardiac intracellular Na^+
 - c. An increase in cardiac intracellular Ca^{2+}
 - d. An increase in cardiac contraction
 - e. A reduced sympathetic outflow to the heart

5. **Regarding lignocaine which is correct**
 - a. It lengthens the action potential duration by blocking Na channels
 - b. The dose does not need to be altered in liver disease
 - c. It is limited in its use by the high rate of cardiotoxicity
 - d. Its clearance is reduced by cimetidine
 - e. It is a class IC antiarrhythmic

6. **Lignocaine (2 CORRECT)**
 - a. Is a potent suppressor of normal cardiac activity
 - b. Appears to act exclusively on the Na channel
 - c. Has a Ca channel blocking effect
 - d. Has sympatholytic action
 - e. Has low first pass metabolism
 - f. Blocks K channels
 - g. Has a half life of 50 min
 - h. Is metabolized in liver by dealkylation
 - i. Is metabolized in the bloodstream by plasma cholinesterases

7. Sotalol

- a. Is a β_1 -selective adrenoceptor blocker
- b. Has a bioavailability of $\sim 50\%$ due to first pass effect
- c. Has no local anaesthetic action
- d. Has class I antiarrhythmic properties only
- e. Has class I and IV antiarrhythmic properties

8. Amiodarone

- a. Is a weak Ca blocker
- b. Is an effective Na^+ channel blocker
- c. Is a non-competitive inhibitor of β -receptors
- d. Affects clearance of Warfarin and Digoxin
- e. All of the above

9. Amiodarone

- a. Is only effective in the suppression of ventricular arrhythmia
- b. Causes peripheral vasodilation via α adrenergic effects
- c. Commonly causes corneal opacification
- d. Increases warfarin clearance
- e. Decreases AV nodal refractory period

10. Verapamil

- a. Does not affect the delayed after potentials seen in digitalis toxicity
- b. Preferentially blocks depolarizing Ca channels
- c. Has a marked effect on the SA node as the tissue relies predominantly on Ca channels for impulse production
- d. Its toxicity causes AV nodal block refractory to atropine
- e. Is not associated with the development of peripheral oedema

11. Quinidine

- a. Causes sinus tachycardia by both direct and indirect effects
- b. Lengthens the QT interval by its effect on Na channels
- c. Has no direct effect on K channels
- d. Is largely excreted unchanged in the urine
- e. Excretion is enhanced in alkaline urine

12. Warfarin

- a. Is an orally administered anticoagulant with low bioavailability
- b. Blocks the α carboxylation of glutamate residues in protein C
- c. Has an anticoagulant action which is immediate
- d. Does not cross the placenta-blood barrier
- e. Causes increases PT

13. Heparin

- a. Consists of a heterogenous group of glycoproteins
- b. Acts by decreasing activity of factor VII
- c. Is associated with osteomalacia
- d. Increases the reaction rate of antithrombin III on clotting factors
- e. Is consumed in anticoagulant activity

14. The following drug causes cinchonism

- a. Quinidine
- b. Procainamide
- c. Flecainide
- d. Lidocaine
- e. Tocainide

15. Amiodarone lengthens the action potential primarily by

- a. blocking Na channel in inactivated state
- b. blocking K channels
- c. weak Ca channel blockade
- d. noncompetitive inhibitor of β receptors
- e. peripheral vasodilation

16. The following drug reactions, which is incorrect

- a. Procainamide – lupus
- b. Sotalol – torsades de pointes
- c. Adenosine – flushing
- d. Verapamil – constipation
- e. Amiodarone – torsades de pointes

17. Warfarin will be potentiated by all of the following except

- a. Amiodarone
- b. Cimetidine
- c. Diazepam
- d. Metronidazole
- e. Fluconazole

18. LMWH

- a. MW = 15 000
- b. Inhibits activate factor X
- c. Has unpredictable pharmacokinetics
- d. Can be used with minimal problems in renal failure
- e. Is readily reversed with protamine

19. The following type 1 Na⁺ channel blocker shortens action potential

- a. Quinidine
- b. Lidocaine
- c. Flecainide
- d. Procainamide
- e. Disopyramide

20. The following diuretics may have cross-allergy due to sulphur groups except

- a. Acetazolamide
- b. Chlorothiazide
- c. Frusemide
- d. Bumetanide
- e. Amiloride

- 21. The most common adverse effect of a thiazide is**
- low K
 - Mg depletion
 - Impaired glucose tolerance
 - Increased lipids
 - Gout
- 22. The following IV antihypertensive also inhibits insulin release**
- Hydralazine
 - SNIP
 - Diazoxide
 - Labetalol
 - Fenoldopam
- 23. Regarding Ca channel blockers which is false**
- Skeletal muscle is not depressed
 - Nimodipine has high affinity for cerebral blood vessels
 - Verapamil also causes Na channel block
 - All act via T type Ca channels
 - Excess effects include cardiac arrest, bradycardia and AV block
- 24. Nitrates primarily cause relief of angina via**
- Relaxation of arterioles and arteries
 - Relaxation of veins and reduced preload
 - Reduction of afterload
 - Increased collateral flow
 - Dilation of coronary epicardial vessels
- 25. The major electrical action of digitalis includes all except**
- Increase refractory period at AV node
 - Increased automaticity
 - Decreased PR interval
 - Decreased refractory period at atria and ventricles
 - Negligible effect on conduction velocity in ventricles
- 26. Digoxin toxicity is more likely in all except**
- Low K
 - High Ca
 - Quinidine therapy
 - Antibiotics
 - High Mg
- 27. Adverse reaction of frusemide includes all except**
- Low K metabolic acidosis
 - High Ca
 - Low Mg
 - Gout
 - Ototoxicity

28. The following is true for adrenaline except

- a. It acts via G-proteins
- b. α receptor stimulation results in decreased cAMP production
- c. it may be administered via inhalation, orally or parenterally
- d. it has no active metabolites
- e. in cardiac arrest it facilitates CPR via peripheral vasoconstriction

29. Heparin

- a. Inhibits clotting by decreasing AT III effects
- b. Oral bioavailability is 20-30%
- c. Is low plasma protein bound
- d. Molecular weight ranges from 3000 – 60 000
- e. Binds to AT III causing a conformational change

30. Aspirin

- a. is hydrolysed to acetone and salicylate
- b. exhibits first order kinetics with elimination in low doses
- c. is mostly conjugated by the liver and excreted in the bile
- d. reversibly blocks the COX enzyme
- e. causes an immediate doubling of bleeding time

31. Amiodarone

- a. effects Na, K channels but not Ca channels
- b. has antianginal effects
- c. has a short half life
- d. increases peripheral resistance
- e. has little effect on the lung

32. GTN has its major effects on angina via

- a. Reducing coronary vasospasm
- b. Reducing RAAS effect
- c. Reducing afterload and preload
- d. Coronary vasodilation
- e. Systemic vasoconstriction

33. Warfarin

- a. Is 90% bioavailable
- b. Inactivates Vit K
- c. Can cause venous thrombosis
- d. Loading should be initiated with 0.5mg/day
- e. Effect is ameliorated by metronidazole via a bactericidal effect

34. Most β blockers

- a. Have half lives 3-10 h
- b. Have a small volume of distribution
- c. Have poor oral bioavailability
- d. Are highly lipid soluble and hence cross the BBB
- e. Are rarely excreted unchanged

35. dobutamine
- has no arrhythmogenic effect
 - decreases myocardial oxygen consumption
 - is a non selective β agonist
 - predominantly affects D_2 receptors in the CNS
 - may be used in heart failure
36. Which of the following act on the vasomotor centre
- Prazosin
 - Methyldopa
 - Hydralazine
 - Reserpine
 - losartan
37. Propranolol
- Is a highly selective β blocker
 - Is poorly lipid soluble
 - Has sodium channel blocking action
 - Has intrinsic sympathomimetic activity
 - Has an oral bioavailability of > 50%
38. Effects of β blockers include
- Stimulation of aqueous humour production
 - Inhibition of bronchial smooth muscle spasm
 - Stimulation of lipolysis via sympathetics
 - Stimulation of the release of renin
 - Inhibition of glycogenolysis in the liver
39. Regarding phenytoin
- Oral bioavailability is variable
 - Binds poorly with plasma proteins
 - Metabolism is enhanced in presence of inducers of liver metabolism
 - Elimination kinetics shift from first order to zero order at moderate to high dose
 - Half life varies from 12-36 hours
40. Drugs with no significant effect on anticoagulant therapy include
- Amiodarone
 - Disulfiram
 - Fluconazole
 - Benzodiazepines
 - Metronidazole
41. ACE inhibitors
- Decrease levels of bradykinin
 - Cause hyperkalaemia less often in patients with diabetes
 - Are contraindicated in patients on NSAIDS
 - Decrease glomerular efferent arteriolar resistance
 - Lead to decreased PG synthesis

42. coronary artery dilation occurs with
- adenosine
 - high K
 - propranolol
 - enalapril
 - none of the above
43. which doesn't prolong the refractory period in normal cells
- Amiodarone
 - lignocaine
 - sotalol
 - quinine
 - procainamide
44. regarding adenosine
- its receptors are ion channels
 - it increases AV nodal conduction
 - it enhances K conductance
 - it is the drug of choice in VF
 - half life = 2 minutes
45. which is not true of diuretics
- loop diuretics can be used to treat hypercalcaemia
 - frusemide is used in the prophylaxis of acute mountain sickness
 - cirrhotic oedema responds to spironolactone
 - they may enhance the efficacy of ACE inhibitors
 - hydrochlorothiazide is useful in diabetes insipidus
46. Which is not the correct site of action
- Spironolactone = collecting duct
 - Triamterene = ascending loop of Henle
 - Thiazides = proximal part of distal tubule
 - Frusemide = proximal tubule
 - Acetazolamide = collecting tubule
47. heparin induced mild thrombocytopenia is caused by
- release of lipoprotein lipase
 - aggregation
 - thrombosis
 - anitplatelet antibodies
 - none of the above
48. Which is not true of warfarin?
- It has a half life of 6 hours
 - It is reversed by FFP
 - It is 99% protein bound
 - It affects K synthesis
 - It is 100% bioavailable

49. Which drugs increase the INR
- Benzodiazepines
 - Barbiturates
 - Rigampicin
 - Cholestyramine
 - Amiodarone
50. Regarding fibrinolytics
- All thrombolytics act to convert free plasminogen to plasmin
 - Urokinase is a human product
 - tPA and APSAC lack the streptococcal Ag
 - reactions to tPA and anistreplase are preparation related
 - tPA does not occur naturally
51. Regarding heparin
- Dose reduction is necessary in the elderly
 - LMW fractions have more effect on thrombin than HMW
 - It may cause alopecia
 - It inhibits AT III
 - Protamine is a competitive antagonist
52. which is false about propranolol
- lipid soluble
 - local anaesthetic action
 - half life 3-6 hours
 - beta sympathetic selectivity
 - 30% bioavailable
53. Which has class III antiarrhythmic properties?
- Adenosine
 - Digoxin
 - Amiodarone
 - Lignocaine
 - Phenytoin
54. captopril
- has 95% oral bioavailability
 - absorption is enhanced if taken with food
 - is 90% excreted unchanged in urine
 - is acceptable to be given in the 2nd/3rd trimester pregnancy
 - can cause hypokalaemia
55. atenolol
- is a β_2 selective antagonist
 - has 90% oral bioavailability
 - $t^{1/2} = 12$ h
 - is mostly excreted unchanged in urine
 - its cardiac effects cannot be reversed with atropine

56. dobutamine
- has its main action as a β_2 selective agonist
 - decreases systemic and pulmonary resistance
 - can be given orally
 - increases left ventricular filling pressure
 - decreases ventricular ectopics
57. verapamil
- is a dihydropyridine
 - produces more vasodilation than other Ca channel blockers
 - is not effective for use in SVT
 - has diarrhea as an important side effect
 - blocks voltage dependent L type Ca channels
58. verapamil
- is not hepatically metabolized
 - can cause VF
 - re-entrant SVT is not an indication
 - is less antiarrhythmic than nifedipine
 - is a class III antiarrhythmic
59. thrombolytic therapy is indicated in patients with chest pain who have
- ST depression
 - ST elevation ot LBBB
 - Non Q – MI
 - Normal ECG
 - None of the above
60. aspirin inhibits the following except
- COX
 - Recurrent miscarriages
 - PG synthesis
 - Kallikrein synthesis
 - Lipoxygenase
61. Ca channel blockers
- Cause smooth muscle contraction
 - Have positive inotropic effect
 - Reduce preload significantly
 - Block transmitter gated Ca channels
 - Include dihydropyridines
62. Adenosine is used for
- AF
 - Atrial flutter
 - VT
 - Sinus bradycardia
 - SVT

63. During warfarin therapy, INR tends to increase with
- Cholestyramine
 - Vitamin K
 - Metronidazole
 - Rifampicin
 - Phenobarbital
64. Regarding β blockers
- In clinical use, most are partial agonists
 - Propranolol has minimal 1st pass metabolism
 - β blockers antagonize the release of renin
 - blockage of β_2 receptors decrease airway resistance
 - metoprolol is a non selective β blocker
65. The half life of Amiodarone is
- 1-3 minutes
 - 1-3 hours
 - 4-11 days
 - 10-103 days
 - 4-6 months
66. regarding nitrates
- ISMN has a bioavailability of 100%
 - GTN causes platelet aggregation
 - GTN has its primary effect on arterial smooth muscle
 - Methaemoglobinaemia occurs in adults with large doses of nitrates, causing significant clinical effects
 - Nitrates cause bradycardia due to the direct cardiac effects on cGMP levels in myocytes
67. captopril
- is an inactive pro drug
 - is useful in SVT
 - has a half life of ~ 12 h
 - may precipitate ARF in renovascular hypertension
 - increases plasma aldosterone levels
68. ACE inhibitors
- Captopril requires activation in the liver
 - Reduce afterload and increase CO with no change to the heart rate
 - Most are excreted unchanged
 - May lower K
 - Increase gut motility
69. Clonidine
- Has maximal affinity for α_1 receptors
 - Is safely used in depression
 - Has low lipid solubility
 - Maintains cardiovascular reflexes
 - Produces reflex tachycardia

70. Adverse effects of ACE inhibitors include all except
- Low K
 - Angio-oedema
 - ARF
 - Drug fever
 - Respiratory symptoms
71. SNIP
- Although usually given IV has powerful action in PO form
 - Incorporates iron in its chemical structure
 - Relaxes cardiac muscle
 - Has few toxic effects and so is safe in OD
 - Has no effect on the thyroid
72. Verapamil
- Does not affect delayed after-potentials seen in digoxin toxicity
 - Preferentially blocks depolarized Ca channels
 - Has marked affect on the SA node
 - Toxicity causes AV node block refractory to atropine
 - Is not associated with the development of peripheral oedema
73. Nitrates
- Increase collateral blood flow
 - Demonstrate tolerance
 - Demonstrate physical dependence
74. Frusemide
- Causes dose related ototoxicity that is irreversible
 - Reduces Na and H₂O delivery to the distal nephron
 - Increases renal H secretion in collecting tubule
 - Causes low K metabolic acidosis in OD
 - Has no effect on body Mg stores in chronic use
75. The following are toxic effects of methyldopa except
- + Coombs test
 - hepatitis
 - decreased glucose tolerance
 - lactation
 - sedation
76. regarding captopril, which is incorrect
- inhibits peptidyl dipeptase
 - bioavailability is 70% if taken with food
 - inhibits kininase II, hence stimulating kallikrein-kinin system
 - less than 50% excreted in the urine
 - metabolized to disulfide conjugates with sulfhydryl groups
77. Ca channel blockers affect all the following systems except
- Skeletal muscle
 - Smooth muscle
 - Brain
 - Pancreas
 - Cardiac muscle

78. Regarding hydralazine
- It dilates veins more than arterioles
 - It is not orally active
 - It does not undergo first-pass metabolism
 - It may cause compensatory tachycardia and sodium/water retention
 - It may cause hypertrichosis
79. which vasodilator is not administered orally
- amlodipine
 - minoxidil
 - hydralazine
 - nimodipine
 - diazoxide
80. Regarding SNIP which is false
- Cyanide is liberated in vascular smooth muscle cells
 - Decreases afterload in cardiac failure
 - Activates guanylyl cyclase
 - It is light sensitive in aqueous solution
 - Its effects disappear within 10 minutes of discontinuation
81. regarding clonidine, which is false
- rebound hypertension may occur with 1 or 2 missed doses
 - useful in treatment of tobacco and opioid withdrawal
 - naloxone can be used in the management of an OD
 - is a selective α_2 agonist in the medulla
 - allows medullary vasomotor centres to respond to Baroreceptor input
82. Which of the following does not increase the likelihood of bleeding in a patient taking Warfarin
- Aspirin
 - Indomethacin
 - 3rd generation cephalosporins
 - cimetidine
 - metronidazole
83. The volume of distribution for aspirin at normal doses in a 50kg female averages
- 1L
 - 2.5L
 - 5.5L
 - 8.5L
 - 25L
84. An example of an ADH antagonist is
- ETOH
 - Amiloride
 - Lithium
 - Aldosterone
 - Triamterene

85. carbonic anhydrase inhibitors
- were developed from early antibiotics
 - are closely related to thiazide diuretics
 - cause metabolic acidosis
 - decrease the pH of the CSF
 - all of the above
86. the Ca channel blocker with the most rapid onset of action when given orally is
- diltiazem
 - nifedipine
 - verapamil
 - felodipine
 - nicardipine
87. SNIP
- Increases cGMP by release of NO
 - Decreases vascular resistance but increases BP
 - Is a complex of calcium and cyanide groups
 - Is predominantly an arteriodilator
 - Has its onset in 10-15 minutes
88. the most lipid soluble β blocker is
- propranolol
 - metoprolol
 - atenolol
 - pindolol
 - sotalol
89. All of the following may increase the effect of digoxin except
- Amiodarone
 - Furosemide
 - Carbamazepine
 - Verapamil
 - Quinidine
90. streptokinase
- is a complex LPS
 - is synthesised in the human kidney
 - binds to the proactivator plasminogen
 - activates plasminogen that is bound to fibrin
 - is more dangerous than t-PA in over 75yos
91. vitamin B12
- produces anaphylactoid reactions in bolus IV dosing
 - is a treatment for cyanide poisoning
 - is typically given in a dose of 500-1000mg
 - deficiency is caused by renal dialysis
 - is absorbed in the stomach by parietal cells

92. All of the following are known to potentiate oral anticoagulants except
- Cimetidine
 - Ceftriaxone
 - Reifampicin
 - Metronidazole
 - Trimethoprim/sulfamethoxazole
93. By limiting liver blood flow, cardiac disease may inhibit the metabolism of all of the following except
- Verapamil
 - Labetalol
 - Propoxyphene
 - Lignocaine
 - Trimethoprim
94. Losartan differs from enalapril in
- Its selective action on angiotensin type one receptors
 - Its enhanced effect on bradykinin metabolism
 - Its prolonged half life
 - Its higher incidence of drug related angio-oedema
 - Its increased risk of cough
95. all of the following antihypertensives act directly on vascular smooth muscle except
- felodipine
 - prazosin
 - nitroprusside
 - indapamide
 - hydralazine
96. The toxic effect of organic nitrates include
- Bradycardia
 - Cyanide poisoning
 - Methaemoglobinaemia
 - Precipitating glaucoma
 - Bronchospasm
97. Calculate the half life of digoxin in a patient with the renal clearance of 8.4L/h and Vd 5L/kg in a 70 kg man
- 8 h
 - 14 h
 - 29 h
 - 36 h
 - 44 h

98. Heparin (2 CORRECT)

- a. Dose reduction is necessary in the elderly
- b. LMW fractions have more effect on thrombin than HMWH
- c. It may cause alopecia
- d. It inhibits AT III
- e. Inhibits the action of protein C
- f. Decreases the rate of conversion of VII to VIIa
- g. Decreases the rate of fibrinogen to fibrin
- h. Slows the rate of Prothrombin to thrombin
- i. Protamine is a competitive antagonist

99. Regarding fibrinolytics

- a. TIMI trial showed increased incidence of GI bleed as the major side effect of administration
- b. Aminocaproic acid inhibits fibrinolysis

100. Warfarin

- a. Is completely broken down in the duodenum
- b. Decreases levels of thromboplastins

101. ticlopidine

- a. inhibits ADP induced platelet aggregation

102. diazoxide, which is false

- a. is used to treat severe hypertension
- b. acts by direct smooth muscle relaxation
- c. causes salt and water retention
- d. diuretic action
- e. is a thiazide derivative

103. hydralazine

- a. causes an abrupt but transient fall in BP
- b. displays a biphasic BP response

ANSWERS

- | | | | |
|----------|--------|-------|-----------|
| 1. C | 28. C | 55. D | 82. B |
| 2. D | 29. E | 56. B | 83. D |
| 3. E | 30. B | 57. E | 84. C |
| 4. A | 31. B | 58. B | 85. E |
| 5. B + H | 32. C | 59. B | 86. B |
| 6. C | 33. C | 60. E | 87. A |
| 7. C | 34. A | 61. E | 88. A |
| 8. E | 35. E | 62. E | 89. C |
| 9. B | 36. B | 63. C | 90. C |
| 10. D | 37. C | 64. C | 91. B |
| 11. A | 38. E | 65. D | 92. C |
| 12. E | 39. B | 66. A | 93. E |
| 13. D | 40. D | 67. D | 94. A |
| 14. A | 41. D | 68. B | 95. B |
| 15. B | 42. A | 69. D | 96. C |
| 16. ? | 43. B | 70. A | 97. C |
| 17. C | 44. C | 71. B | 98. C + ? |
| 18. B | 45. B | 72. B | 99. B |
| 19. B | 46. C? | 73. C | 100.- |
| 20. E | 47. B | 74. C | 101.- |
| 21. C | 48. A | 75. C | 102.D |
| 22. C | 49. E | 76. B | 103.A |
| 23. D | 50. B | 77. A | |
| 24. B | 51. C | 78. D | |
| 25. C | 52. D | 79. B | |
| 26. E | 53. A | 80. A | |
| 27. B | 54. A | 81. C | |